Getting books and articles from other libraries
All reservations and requests for books held across the campus Libraries should be made online via the Library catalogue. You will receive an email as soon as the book is ready to be collected.
If a book or journal article is not held in the Library, you may request it using our online Document Delivery Service. More details at library.ulster.ac.uk/documentdelivery/

Referencing and citing
All of your assignments and research must be cited and referenced correctly. Find out more about referencing at guides.library.ulster.ac.uk/lhsharvard (covers the Harvard and APA styles) and look out for the Library’s “How to Reference” workshops held throughout the year.
Library staff also run regular classes on how to use RefWorks which allows you to store all your references online and create a bibliography. Classes are advertised through the Library’s webpages. For more information see our RefWorks guide at guides.library.ulster.ac.uk/refworks

Online help
Online help on Library and research skills is available from guides.library.ulster.ac.uk/informationliteracyskills

Usernames and passwords
At the OpenAthens login screen enter Ulster in the Find Your Organisation search box. Click on the Ulster University link. Next enter your Ulster University email address and Ulster University network password.

Laptop lending service
You can borrow a laptop, for use in the Library, from any Library Information Point. Laptops cannot be reserved; they are issued on a first-come-first served basis.

Library EDGE activity
Open to both full-time and part-time undergraduates, the Library EDGE activity “Developing LifeLong Information Literacy Skills” contributes to the University’s EDGE award. Ask one of the subject librarians for more information.

Keeping up-to-date
Keep an eye on changes, updates, database issues or new services, via the Library’s Twitter account and the Library Life and Health Sciences Blog: library.ulster.ac.uk/blogs/lhs
Getting started
The Library provides a wide range of resources to help with your studies. You will find links to them all on:

- Library Homepage library.ulster.ac.uk
- University Portal (Library & ICT) ulster.ac.uk/portal
- Blackboard Learn (Library Services link)

Help and support
Subject specific support and advice are available from your Life and Health Sciences Librarians. The team is based across the campuses and they are your key contacts in the Library. They can offer you help and guidance on searching for and evaluating information, referencing and using databases to name but a few. Please do get in touch.

Individual contact details for each member of the team are listed at library.ulster.ac.uk/sci/contact or you can contact the whole team at science@library.ulster.ac.uk

Life and Health Sciences subject guides
These guides bring together information from a range of print and electronic Library resources on your subject. We strongly recommend you take a look. guides.library.ulster.ac.uk/lhs

Finding books and eBooks
Use the Library Catalogue to find shelfmarks for books and to link out to eBooks.

Books are shelved by subject, and each subject has a shelfmark. The table below shows some of the main shelfmarks for Life and Health Sciences subjects.

<table>
<thead>
<tr>
<th>Subject</th>
<th>Coleraine/Magee</th>
<th>Jordanstown</th>
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<tbody>
<tr>
<td>Biology and Biomedical Sciences</td>
<td>QD, QH - QR, R</td>
<td>-</td>
</tr>
<tr>
<td>Food and Nutrition</td>
<td>RA - RM, RR, TX</td>
<td>613.2</td>
</tr>
<tr>
<td>Geography and Environmental Sciences</td>
<td>G, GE, QH, TD</td>
<td>-</td>
</tr>
<tr>
<td>Health Promotion</td>
<td>RA247.8</td>
<td>613</td>
</tr>
<tr>
<td>Medicine, Health and Nursing</td>
<td>R - RT</td>
<td>610-619</td>
</tr>
<tr>
<td>Occupational Therapy</td>
<td>-</td>
<td>615.8515</td>
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<tr>
<td>Optometry</td>
<td>-</td>
<td>612</td>
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<tr>
<td>Pharmacy and Pharmacology</td>
<td>RM, RS</td>
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<tr>
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<td>-</td>
<td>617.585</td>
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<td>Psychology</td>
<td>BF, HM251</td>
<td>-</td>
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<td>Radiography</td>
<td>-</td>
<td>616.0757</td>
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<tr>
<td>Speech and Language Therapy</td>
<td>-</td>
<td>616.855</td>
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<tr>
<td>Sport and Physical Activity</td>
<td>GV703 - GV711, RA781, RM725</td>
<td>613.71, 796, 306.483</td>
</tr>
</tbody>
</table>

- Not taught at this campus

Loan periods
Standard (two month) loan, two week loan and two day loan books are held on the open Library shelves.

Journals
Journals (also known as magazines, serials or periodicals) are published regularly and will help you keep up-to-date in your subject area. Most journals are available electronically. Use the electronic journal links provided to search for an eJournal title.

Remember!
Only use these links if you already have a journal reference and want to check if you can access the full text or if you just want to browse through the journal collection. Use Library Databases or USearch to find journal articles on your chosen topic.

Some print journals are held in the University Library. Use the Library Catalogue to find the shelfmark and locate the journal on the shelves.

Reading lists
Want to save some time? Use our online Reading Lists catalogue to search for your recommended reading and link out to book details in the Library Catalogue, eJournal articles, ebooks and websites.

Databases
Here are the key Life and Health Sciences databases. You can always ask your subject librarian for more suggestions and help. Look out for the UFindIt link to check for the full text.

Not sure where to begin?
USearch is the best place to start. Use it to search a range of Library databases and eJournals at the same time.

Main Databases
- Cochrane Library
- Medline (OVID)
- Proquest Complete Collection
- Scopus
- Web of Science

Biomedical Sciences
- CINAHL Plus
- Embase
- Proquest Health and Medical Collection

Geography and Environmental Sciences
- ASSIA
- Environmental Management
- JSTOR (selected collections only)
- SciTech Collection (Proquest)

Health Sciences
- ASSIA
- CINAHL Plus
- Linguistics and Language Behavior Abstracts
- OTDBASE
- Primal Pictures anatomy.tv
- PsyCINFO

Nursing
- AMED
- CINAHL Plus
- Proquest Health and Medical Collection
- PsyCINFO

Pharmacy
- BNF: British National Formulary
- British Pharmacopoeia
- CINAHL Plus
- Embase
- Stockley’s Drug Interactions

Psychology
- ASSIA
- CINAHL Plus
- Linguistics and Language Behavior Abstracts
- OTDBASE
- Primal Pictures anatomy.tv
- PsyCINFO

Sport
- CINAHL Plus
- Leisure Tourism
- Primal Pictures anatomy.tv
- SPORTDiscus