USEARCH
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- Searches across the majority of the Library’s electronic resources, including database collections and ejournals

- Includes, academic research as well as magazines and newspapers

- Good place to start looking for information

- For more comprehensive and complex searching e.g. carrying out evidence based practice or a systematic reviews use the individual databases.
Basic Search – getting started

USearch will auto complete searches. Just start typing…
A more systematic way of searching is to use the Advanced Search Screen.
You can add rows by clicking on the + symbol.
Example Question - **Physiotherapy interventions for the management of frozen shoulder.**

- Main keywords
  physiotherapy AND frozen shoulder

- Different authors can use different terms to describe similar topics, remember to list any additional alternative terms you can think of:

  physiotherapy OR physical therapies
  frozen shoulder OR adhesive capsulitis
Search terms explained

- **OR** will increase the number of articles found. Use to add similar terms.
  e.g. physiotherapy OR physical therapy
  end or life OR palliative care

- **AND** will reduce the number of articles found. Use to combine different terms.
  e.g. physiotherapy AND frozen shoulder
  allergies AND cows milk
Searching Techniques

• Usual search techniques can be applied
  e.g. truncation injur* for injury, injured, injuries

  phrase searching “adverse effects” “chronic disease”

• Not all full text – look for a Full Text link or
Enter the search terms and click on Search
You can further refine the results
Use the slider to change the publication years.
Check the box to find Academic Journals only.
Completed Search

Search Results: 1 - 30 of 495

1. The effectiveness of physiotherapeutic interventions in frozen shoulder/adhesive capsulitis: A systematic review.

2. Efficacy of a static progressive stretch device as an adjunct therapy in treating adhesive capsulitis of the shoulder: A randomised study
Click on the title of an article to find out more information

2. Effectiveness of Sustained Stretching of the Inferior Capsule in the Management of a Frozen Shoulder

Effectiveness of Sustained Stretching of the Inferior Capsule in the Management of a Frozen Shoulder.

Authors: Paul, Antony¹
         Rajkumar, Joshua² joshua.physio@gmail.com
         Peter, Smita¹
         Lambert, Lithson¹


Type: Article

Terms: *ORTHOPEDIC surgery -- Complications
       *ADHESIVE capsulitis
       *GONIOMETERS
       *ELBOW pain
       *STRETCH (Physiology)
       *PHYSICAL therapy

Abstract: Background: Physiotherapy treatment of frozen shoulder is varied, but most lack specific focus on the underlying disorder, which is the adhered shoulder capsule. Although positive effects were found after physiotherapy, the recurrence and prolonged disability of a frozen shoulder are major factors to focus on to provide the appropriate treatment. Questions/purposes: We wished to study the effectiveness of a shoulder countertraction apparatus on ROM, pain, and function in patients with a frozen shoulder and compare their results with those of control subjects who received conventional physiotherapy. Methods: A total of 100 participants were randomly assigned to an experimental group and a control group, with each group having 50 participants. The control group received physiotherapy and the experimental group received countertraction and physiotherapy. The total treatment time was 20 minutes a day for 5 days per week for 2 weeks. The outcome measures...
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Anthony Paul MPT, Joshua Samuel Rajkumar MPT, S

Abstract

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- Citations in BibTeX format
- Citations in MARC21 format
- Direct Export to RefWorks
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Physiotherapy and frozen shoulder

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